Instructions for Iron On Sheets





1. Cut your design(s) out of the sheet using a craft knife or scissors. If using a knife, you can just cut through the transfer (matte side) and then peel away any unwanted parts from the backing using the tip.

2. Place your design(s) on to your chosen textile and make sure the backing (shiny side) is facing up.





3. Set your iron to the recommended temperature for the textile. Run iron firmly over the design for 10 - 20 seconds or until plastic backing is distorted. Be very careful not to burn

the fabric or melt the plastic. A sheet of grease proof paper can also be used over the design and fabric for extra protection.

3. Slowly remove the plastic backing when cooled and to check the transfer is stuck and re-apply the plastic over the design if it hasn't. Please recycle the backing if available in your area.



Not recommended for young children and older children must be supervised.

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