

# Instructions for Iron On Designs



1. Place the design on to your chosen textile. The shiny plastic backing needs to be facing up. You can cut around each shape and place them in a different position if you wish.

2. Set your iron to the textile recommended temperature. Run iron firmly over the design for 10 - 20 seconds or until plastic backing is distorted. Be very careful not to burn the fabric or melt the plastic. A sheet of grease proof paper can also be used over the design for extra protection.



3. Slowly remove plastic backing when cooled and recycle. Re-apply plastic over the design, and re-heat if it hasn't stuck.

Not recommended for young children. Older children must be supervised.